



THE OLD FORT, SEAVIEW
Relaxed seaside dining

STARTERS & LIGHT BITES

Soup of the Day served with homemade bread roll VGO	from 8.00
The Old Fort Crab Ramekin gratinated served with warmed sourdough & dressed salad GFO	12.60
Crispy fried Panisse smoked garlic hummus, pickled and roasted beetroots, dressed herb salad VE, GF	9.50
Hoisin Duck Bao Buns with cucumber and spring onion DF	10.80
BBQ Spare Ribs slow roasted and served with BBQ sauce, chilli & spring onion DF	9.20
Cauliflower Cheese Croquettes bacon jam, rocket & parmesan shard VGO	9.00
Goats Cheese, IOW Tomato & Rocket salad with parmesan shavings and balsamic dressing VG, GF	8.50

MAIN COURSES

Pan fried Sea Bass fillet with herb new potatoes, tenderstem, leek and smoked bacon velouté.....	24.00
Cod & Chorizo Risotto with olive tapenade, crispy cod skin GF	18.50
Freshly Beer Battered Cod with chunky chips, mushy peas & homemade tartar sauce.....	15.95
Wholetail Scampi with skinny fries, garden peas & homemade tartar sauce.....	15.95
Isle of Wight 8oz Sirloin Steak chunky chips, salad, with either peppercorn sauce or garlic butter.....	32.00
Trio of Butchers Sausages with bubble and squeak, roasted vegetables & caramelised onion gravy GFO	16.50
Homemade Steak Burger mature cheddar, crispy onions and bacon jam, with salad & seasoned fries GFO	17.50
Hunters Chicken Burger with fries & salad.....	16.00
Roasted Butternut, caramelised Onion, Mozzarella stack celeriac puree, carrots, tenderstem & hasselbacks VE, GFO	16.00
Spicy Vegetable Arrabbiata with tagliatelle and served with garlic ciabatta VE	14.50

DAILY SPECIALS for more fresh, locally sourced & seasonal dishes please see blackboards or speak to a member of the team. Our delicious roasts are available every Sunday, booking always strongly advised to avoid disappointment.

SIDES & NIBBLES

Side Salad with mixed leaves, cucumber, radish, baby toms, onions & peppers.....	3.50
Seasonal Vegetables selection of fresh, local seasonal veg VE, GF	3.70
Skinny Fries / Chunky Chips cooked fresh and slightly salted GF	3.20
Aspen Fries fries tossed in truffle oil, parmesan & chives GF	4.80
Garlic Ciabatta crusty ciabatta with garlic and chive butter DF	3.50
Cheesy Garlic Ciabatta as above but topped with melted mozzarella.....	4.50
Bread & Olives warm crusty homemade bread with green and black pitted olives DF, GFO	4.50

Remember, every night's a fortnight!

All subject to change and availability | **GF** Gluten Free | **DF** Dairy Free | **VE** Vegan | **VG** Vegetarian | **O** Option Available | **VAR** Various
Some dishes may contain bones, shells, nuts & other allergens. If you have questions, allergies or intolerances please let us know before ordering
Please note that a discretionary optional 10% service charge will be added to your bill and is split equally between all the team | VAT @ 20% inclusive

#foodforfort
@theoldfortseaview

HOMEMADE DESSERTS

Homemade Triple Chocolate Brownie white chocolate crumb, vanilla ice cream.....	8.80
Affogato 2 scoops of Isle of Wight vanilla ice-cream with a shot of espresso GFO, DFO	6.20
Homemade Sticky Toffee Pudding with vanilla ice cream toffee sauce (vegan) DF	8.80
Warm Belgium Waffles strawberries, blueberries, hot chocolate sauce and vanilla ice cream.....	8.20
Spiced Apple and Pear Crumble vanilla creme anglaise GF, DFO	8.00
Selection of Cheese & Biscuits brie, stilton and smoked applewood with homemade chutney VG	12.00
Isle of Wight Ice Cream vanilla, chocolate or strawberry & Sorbet lemon or raspberry DFO	from 3.20

KIDS MENU *recommended for under 12's*

Duo of Butchers Sausages served with mash potato, seasonal veg & gravy GFO	8.60
Cheese & Tomato Pitta Pizza with chunky chips & peas DFO	6.50
Cod Goujons with skinny fries & peas.....	8.70
Wholetail Scampi with skinny fries & garden peas.....	8.70
Grilled Cod served with new potatoes and peas GF, DF	6.80
Chicken Nuggets with skinny fries and baked beans DF	8.70
Basil Pesto Penne with cherry tomatoes (add chicken for 2.00) DF	6.20

KIDS DESSERTS

Warm Chocolate Brownie vanilla ice cream.....	5.20
Belgium waffle chocolate sauce, strawberries & ice cream.....	4.50
Fresh Fruit bowl of strawberries and blueberries GF, DF	4.40
Isle of Wight Ice Cream vanilla, chocolate or strawberry & Sorbet lemon or raspberry DFO	from 3.20

LUNCH MENU *available 1200-1500hrs*

Sandwiches on white or malted bloomer. All served with skinny fries & salad garnish.

Cod goujon sandwich with tartar sauce DFO	14.60	BLT sandwich DF, GFO	12.00
Tuna mayo sandwich DF, GFO	12.00	Chicken Caesar wrap.....	12.00
Cheese & pickle sandwich GFO, VG	9.60	Sausages & caramelised onion ciabatta GFO, DF	12.40
Prawns in marie rose sandwich DFO, GFO	15.60	Sun blush tomato pesto & mozzarella ciabatta DF	12.80

The provenance of our food is extremely important to us; wherever possible we use small, local suppliers to ensure consistency of quality.
All our food is freshly prepared & cooked onsite to order; please therefore be patient during busier periods.

Follow & tag us on instagram @theoldfortseaview with #givingitsomefort or review us on Google for a chance to win a meal for 4!

Please note: inside tables may be reserved, please speak to a member of the team on arrival.

The Old Fort Seaview Limited | Company Number 12353533 | VAT Number 356911873 | Part of SE-VIEW Group Ltd
+44 (0)1983 612 363 | info@theoldfortseaview.co.uk | theoldfortseaview.co.uk | Esplanade, Seaview, Isle of Wight, PO34 5HB